

The Volcanoes Challenge

Event date: Sunday 16th August, 2009

1 INTRO / BACKGROUND

The Volcanoes Challenge is a unique inner city navigation event where competitors run to, and up, Auckland's iconic volcanoes, in any order that they choose.

This is the only event in the world that enables competitors to take in the rich heritage of spectacular and diverse multiple volcanic landforms in a fun and energetic way.

This is a winter event that has grown significantly with runners keen for the thrill of combining endurance and navigation.

Auckland's volcanoes are iconic landscape features and of great cultural importance. Auckland city are committed to preserving, protecting and enhancing them for future generations to enjoy.

2 EVENT

All multiple volcano events start and finish in One Tree Hill with no prescribed course route, so participants have the ability to tactically plan their quickest route based on maps, strategy, fitness and teamwork.

All competitors **MUST** be recorded by race officials at each volcano checkpoint. **IT IS IMPORTANT FOR THIS EVENT THAT ALL PARTICIPANTS MUST STICK TO ESTABLISHED TRACKS AND PATHS TO AVOID CORROSION OF THESE ICONIC MOUNTAINS.** This means that competitors can run on all sealed, grass, & dirt paths that are clearly formed paths (not cattle tracks) and all fence crossings must be done using styles.

The Volcanoes Challenge 5km and 10km fun run/walk encircles the base of One Tree Hill through the leafy byroads and for the 10km, summits the volcano to provide participants with stunning views over the city.

The Volcanoes Challenge is designed from the ground-up to appeal to the urban runner's keen sense of fun and competition. The events are developed so that recreational participants who want to travel at a leisurely pace can plan and follow a stimulating, interesting and scenically attractive route. Strategy and perseverance are often more important than speed.

For the participants, these events provide some of the most memorable experiences, running/walking within the natural beauty of the land formed by the Auckland volcanic field.

Event description / format

The signature event is the original **Volcanoes Challenge** which involves participants running or walking from One Tree Hill to and up the nominated volcanoes and checking in at the points on 5 of Auckland's oldest and most popular volcanic sites - One Tree Hill, Mt Eden, Auckland Domain, Mt Hobson and Mt St Johns.

This race has no pre-set course, its up to you which way you go to get to the 5 check points and it's the quickest route wins

In 2006, the **Classic Volcanoes Challenge** was added which involves participants running from One Tree Hill to check in at points on 7 of Auckland's oldest and most popular volcanic sites.

This event is a challenge to all those who have successfully completed the 5 volcanoes and still hunger for more - One Tree Hill, Mt Eden, Auckland Domain, Mt Hobson, Mt St Johns and Three Kings (Big King Reserve) and Mt Roskill.

These two extra peaks will provide even more of a test for participants and grant a sense of triumph over the volcanoes. This race has no pre-set course, its up to you which way you go to get to the 7 check points and it's the quickest route wins! There is also a teams option for the classic volcanoes. Teams can be between 2-4 people.

TEAMS TEAMS TEAMS

To capitalize the urban Rogaine theme, **The Epic Team Volcanoes Challenge** is also offered. This event is set to become a leading event on Aucklands running/adventure calendar.

***Rogaine** - team activity involving navigation and endurance, essentially orienteering on steroids. These team events typically last for a prolonged time period and are on foot. The route finding elements coupled with the endurance and team component make them favourites with everyone who is into a little adventure.

This event requires a team of 4 - 6 members to run to no less than 12 of Auckland cities finest and most cherished iconic volcanoes. The volcanoes in this event include; **One Tree Hill, Mt Eden, Auckland Domain, Mt Hobson, Mt St Johns, Three Kings (Big King Reserve), Mt Roskill, Mt Albert, Mt Smart, Mt Wellington, Taylors Hill and Orakei basin.**

These volcanoes are split between the team members to each knock off. This event caters for teams with different running abilities as the distance each member covers is entirely up to you.

There is no set route and navigation and course setting is done by the group prior to the event start. The only rule is that **each team member must check in to at least one volcano.**

If you have entered the **Epic Team 12 Volcanoes** or **Classic 7 Volcanoes** event here is the info you need to know:

<http://www.totalsport.co.nz/events/7in7/index.php>

□ Your whole team must meet at the event base (One Tree Hill - entrance off Manukau Rd) on the morning of the event & your team captain must sign your team in at the registration tent. This area opens at 7.00am.

□ Before 7.45am your team must have presented to the race organisers a list detailing which team member is going to which volcano. This needs to look something like this:

- DAVE - Mt Smart, Mt Wellington, Taylors Hill
- LUKE - One Tree Hill, Mt Hobson, Mt St John
- BRYCE - Orakei Basin (then coffee)
- FRANCESCA - Mt Roskill, Mt Albert, Big King
- AARON - Mt Eden, Auckland Domain

□ Your whole team must be present for the event briefing. This briefing is held at 7.30am.

At 8.00am you all dart off in different directions and run, run, run.

□ Seven of the twelve volcanoes will be marshaled & there will be a certain 'check off' procedure at each volcano. This procedure will be revealed at the event briefing. The 5 Volcanoes that only the epic teams go to, will be un-marshaled. You will find codes that need to be written (please carry a pen) on your race

card to ensure your team members have been to all twelve spots. The team's race cards need to be handed in together, at the finish line.

Once your last team member has come across the finish line & providing you have evidence of being to all twelve volcanoes, your finish time will be recorded.

Below is a summary of the exact location of the marshal or code points:

- OTH - monument at top.
- Mt Eden - trig point.
- Auckland Domain - band rotunda.
- Mt Hobson - trig point.
- Mt St Johns - rusty old fence.
- Big King - water tank at top.
- Mt Roskill - very top.
- Mt Albert - trig point.
- Orakei Basin - access is off Orakei Rd or Upland Rd (by boat ramp/jetty).
- Taylor 's Hill - trig point.
- Mt Wellington - trig point.
- Mt Smart - on huge ARC sign at stadium entrance on Maurice Rd.

Team members running to the un-marshaled volcanoes will need to find the check point and clip their race card.

Entry Prices

Event	Type	Standard Entries (25 July - 12:05am)	Final Entries (15th August - 12:05AM)
Epic Team 12 Volcanoes (3/4/5/6 person team)	Team	\$175.00	\$200.00
Classic 7 Volcanoes Challenge - Team (2/3/4 person)	Team	\$80.00	\$100.00
Classic 7 Volcanoes Challenge	Individual	\$55.00	\$65.00
Original 5 Volcanoes Challenge RUN	Individual	\$45.00	\$55.00
Original 5 Volcanoes Challenge WALK	Individual	\$45.00	\$55.00
10km run	Individual	\$35.00	\$40.00
10km walk	Individual	\$35.00	\$40.00
5km run	Individual	\$25.00	\$30.00
5km walk	Individual	\$25.00	\$30.00
Child 5km /10km entry	Individual	\$10.00	\$15.00

Event start times

Epic Team 12 Volcanoes (4/5 person team) **8.00am**

Classic 7 Volcanoes challenge run Team (2 person) **8.00am**

Classic 7 Volcanoes challenge run **8.00am**

Original 5 Volcanoes run/walk **8.00am**

10km run/walk **9.00am**

5km run/walk **9.00am**

5km/10km **9.00am**

Child entry (13 yrs) **9.00am**

<http://www.totalsport.co.nz/events/7in7/index.php>

Aid station info

- There will be one aid station on the 5 km course
- There will be two aid stations on the 10km
- There will be an aid station located at the Band Rotunda at Auckland Domain

Course maps

<http://www.totalsport.co.nz/events/volcano/index.php>

Directions to the start (and event base)

- Exit the Southern motorway at Greenlane.
- Follow Greenlane West to Manukau Rd
- Turn Left onto Manukau Rd
- Stay on Manukau Rd until you reach the Cornwall Park entrance
- The start and event base is just inside the park entrance

Pre event registration information

- All event registration will happen on the day at the event base

Post event happenings

- There will be a very informal prize giving happening during the day
- Throughout the event there will be coffee for sale and hot sausages free from the Barbie!

3 ENTER

Event entry options

<http://www.totalsport.co.nz/events/volcano/index.php>

5 RESULT

http://www.totalsport.co.nz/results/results_2009.php

6 CONTACT

- total sport office (09) 446 3205
- email Bryce, bryceg@totalsport.co.nz